



**NORTHWEST SUBURBAN  
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**PROSTATE ULTRASOUND (NO BIOPSY) INSTRUCTIONS FOR PATIENTS**

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Dear Patient:

You have been scheduled for a prostate ultrasound exam at our **Elk Grove Village office** on \_\_\_\_\_ at \_\_\_\_\_. Please arrive at your scheduled time as another examination is scheduled to be performed immediately following yours.

It will be necessary for you to visit your pharmacy and purchase a Fleet's enema and utilize it at least two to three hours prior to the above appointment time. Your rectum must be completely empty at the time of the test to ensure a proper examination. You may eat a light breakfast if your appointment is in the morning, or a light lunch if your appointment is in the afternoon. It would be best not to eat a heavy meal prior to your exam.

If you have any questions about these instructions or the exam itself, you are urged to contact our office prior to the day of your examination.

Thank you.

Geoffery Engel, M.D.  
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