



**NORTHWEST SUBURBAN  
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## **POST-CYSTOSCOPY INSTRUCTIONS FOR PATIENTS**

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1. Resume normal activities as tolerated.
2. Drink plenty of fluids.
3. Medication for post-procedural discomfort may be prescribed. (This medication will discolor your urine). In addition, aspirin or Tylenol pain reliever may be used for discomfort, as needed.
4. Antibiotics may be prescribed. These should be taken as directed.
5. Sitz baths (sitting in a tub of warm water) may alleviate symptoms of urinary urgency, urinary frequency, burning with urination, and the inability to void (urinate).
6. Call our office **immediately** if you experience fever greater than 101.5°, chills, genital swelling, bladder distention, or the inability to void (urinate). Our 24 hour telephone number is **(847) 593-0404**.
7. Schedule an appointment for a follow-up office visit with your doctor in one to three weeks, unless otherwise directed. Your doctor's findings, including laboratory and/or pathology test results will be discussed at this visit. Please call to schedule your appointment tomorrow or the next business day to ensure availability.