



**NORTHWEST SUBURBAN
UROLOGY ASSOCIATES, S.C.**

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BLADDER ULTRASOUND INSTRUCTIONS FOR PATIENTS

Dear Patient:

You have been scheduled for a bladder ultrasound exam at our **Elk Grove Village** office on _____ at _____. Please arrive on time as another examination is scheduled to be performed immediately following yours.

In order for this exam to be done, you must drink **two (2)** 8 ounce glasses of any fluid, **except milk**, thirty (30) minutes prior to leaving your home or work to come to our office. You should plan to arrive at our office thirty (30) minutes before your scheduled appointment time where you will drink an additional **two (2)** 8 ounce glasses of water in our waiting room.

After drinking the four glasses of fluids, **DO NOT URINATE**. This exam requires that you have a very full bladder to ensure a proper examination.

Please be aware that if you do not follow these instructions, your examination may have to be rescheduled.

If you have any questions regarding these exams, you are urged to call our office prior to the day of your scheduled exam.

Thank You.

Geoffery Engel, M.D.
Daniel F. Garvey, M.D.
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Joseph Oh, M.D.